

# MEN OF THE CROSS RETREAT

Saturday - Sunday

November 10<sup>th</sup> - 11<sup>th</sup>, 2018

“Men of the Cross”



Are Band of Brothers with the common mission of growing in their love of Jesus and to share that love of the Lord with others.

## Retreat Themes

- ❖ Prayer
- ❖ Discipleship
- ❖ Evangelization



Retreat Master Fr. Kyle Metzger  
Fargo Diocese Vocations Director

### Where:

Maryvale Convent  
11550 River Road  
Valley City, ND 58072

Maryvale is a convent, a spiritual retreat center, and the United States headquarters of Sisters of Mary of the Presentation in the beautiful Sheyenne River Valley. The grounds border the Sheyenne River, the Northern Pacific Railway, and the scenic North Country Trail.

### When:

Saturday November 10<sup>th</sup>  
8:00 a.m. .... Check-in  
8:40 ..... Rosary  
9:00 ..... Conferences Begin  
Sunday November 11<sup>th</sup>  
12:30 p.m. .... Retreat Ends

**Cost:**..... \$110 to be paid with your registration (attached). Includes all meals and overnight stay in a private one-person room, 3 books and a note book.

### Contact with any questions:

Fargo - Deacon Bruce Dahl  
[bruce.dahl@fargodiocese.org](mailto:bruce.dahl@fargodiocese.org)  
701.371.1923  
Grand Forks - Deacon John Bredemeier  
[John.bredemeier@stmichaelsgf.com](mailto:John.bredemeier@stmichaelsgf.com)  
701.314.0207

**Tear Off Registration Form on Fold – Mail-in With Your Registration Fee**

Mail with fee to:  
Men of the Cross  
Nativity Church  
1825 11<sup>th</sup> St. S.  
Fargo, ND 58103-4915

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Cty, St, Zip \_\_\_\_\_  
 Best phone to reach you \_\_\_\_\_  
 Your Email \_\_\_\_\_  
 Emergency contact name and phone \_\_\_\_\_  
 Dietary consideration \_\_\_\_\_

**MEN OF THE CROSS RETREAT - REGISTRATION FORM**

- Enclose \$110 retreat cost in full (non-refundable). Check or money order.
- Payable to: Nativity Church of Fargo (make note for Men of the Cross retreat)



# MEN OF THE CROSS RETREAT REGISTRATION FORM

Tear Off Registration Form on Fold  
Mail-in With Your Registration Fee

FAQs:

## **Who can be a member and who can attend this retreat?**

We welcome any Christian man of any parish or Christian denomination who is willing to wear the Crucifix and be an Ambassador for Jesus. We should pray each day that the Lord will help us to discern how to best share this ministry with others and to encourage other men to become a “Man of the Cross.” So, even if you are not yet a member, please join us to see what this is all about.

## **What if I can't stay for the whole retreat?**

If you cannot come for the whole retreat, this may not be for you at this time. Please come another time when you can take part in the whole experience.

## **Why do I have to pay the full \$110 cost ahead of time?**

We have carefully figured out the cost per person for this event and have set the fee at that cost with very little margin. The retreat is limited to the first 46 men who have paid their fee.

## **Why should I wear a Crucifix?**

We are not required to wear the Crucifix always. Ask Jesus when He wants us to wear it. Saint Frances de Sales said to “Live Jesus.” The Crucifix reminds us we too are to “Live Jesus,” and to be the presence of Je-

sus in every encounter of the day. When we “Live Jesus” we become better sons, brothers, husbands, fathers, grandfathers and friends.

## **Why is this ministry only for men?**

Women are already doing this and aren't afraid to wear a necklace with a crucifix. Men are the ones who seem reluctant to do this, not women!

## **Why do we wear a Saint Benedict Crucifix?**

It contains a Saint Benedict Medal which “...has been recognized for centuries as a prayer of exorcism against Satan, a prayer for strength in time of temptation, a prayer for peace among ourselves and among the nations of the world, a prayer that the Cross of Christ be our light and guide, a prayer of firm rejection of all that is evil, a prayer of petition that we may with Christian courage ‘walk in God’s ways, with the Gospel as our guide,’ as Saint Benedict urges us.” (osb.org)



Beautiful Maryvale Complex